

## SAY Playing Rule – Law I-2

### B. Flags

(1) A flag on a post at least five (5) feet high and 1/2-inch to 1-1/2 inch in diameter having a non-pointed top shall be placed at each corner of the field.

## SAY Playing Rule – Law III-2

### A. 4 v 4 games

- (1) not more than four (4) players
- (2) not fewer than three (3) players
- (3) without a Goalkeeper

### B. 5 v 5 games

- (1) not more than 5 (5) players
- (2) not fewer than three (3) players
- (3) without a Goalkeeper

### C. 6 v 6 games

- (1) not more than six (6) players
- (2) not fewer than four (4) players
- (3) with or without a Goalkeeper (Only as stipulated by League rules)

### D. 7 v 7 games

- (1) not more than seven (7) players
- (2) not fewer than four (4) players
- (3) with or without a Goalkeeper (Only as stipulated by League rules)

### E. 8 v 8 games

- (1) not more than eight (8) players
- (2) not fewer than five (5) players
- (3) with or without a Goalkeeper (Only as stipulated by League rules)

### F. 9 v 9 games

- (1) not more than nine (9) players
- (2) not fewer than six (6) players
- (3) with or without a Goalkeeper (Only as stipulated by League rules)

### G. 10 v 10 games

- (1) not more than ten (10) players
- (2) not fewer than six (6) players
- (3) one of whom shall be the Goalkeeper

H. Short-sided Passers (U-8) games may be either 4 v 4 thru 8 v 8.

I. Short-sided Wings (U-10) games may be either 6 v 6 thru 9 v 9.

J. Short-sided Strikers (U-12) thru Seniors (U-19) games may be either 8 v 8 thru 10 v 10.

## SAY Playing Rule – Law IV-7B

- (3) goalkeepers may wear a soft-billed cap or a properly fitted and fastened safety helmet, made of foam or other soft material;

## SAY Playing Rule – Law VIII-3

3. On a kick-off, the ball is in play when it is kicked in any direction and clearly moves.

## SAY Playing Rule – Law VIII-8

- C. If a dropped ball is kicked directly (first touch) into the opponents' goal, a goal shall not be awarded and the game will restart with a goal kick by the opposing team. The ball must be touched by at least two different players in order for a goal to be awarded.

## SAY Playing Rule – Law X-NOTES

- 2) If the ball is stopped by an “outside agent” (i.e. dog, spectator), play shall be stopped.
  - a) The game shall be restarted with a dropped ball in accordance with LAW VIII-7, where the ball came into contact with the interference.
  - b) A goal may be allowed if the ball touches an outside agent, but continues on into the goal and the interference does not prevent a defender from being able to play the ball.
  - c) A goal may not be allowed if the ball touches an outside agent and never enters the goal.
  - d) The referee or assistant referees are not considered “outside agents”.
- 3) If the ball is stopped by substitute or a team official, play shall be stopped.
  - a) The game shall be restarted direct free kick (DFK) or a penalty kick (PK) depending upon where the interference occurred.
  - b) A goal may be allowed if the ball touches a substitute or team official, but continues on into the goal and the interference does not prevent a defender from being able to play the ball.
  - c) A goal may not be allowed if the ball touches a substitute or team official and never enters the goal.
- 4) The referee may not award ....

## SAY Playing Rule – Law XI-4

- B. The offense occurs where the offside player becomes involved in active play, e.g. the player touches the ball or interferes with an opponent. This includes if the offense occurs in the player's own half of the field.

## SAY Playing Rule – Law XI-NOTES

- 1) Offside position shall be judged at the moment when the ball was last played or touched by a teammate; offside offense occurs where the player in question receives the ball.

## SAY Playing Rule – Law XII-1-B

- B. A direct free kick (DFK) is also awarded to the opposing team if a player commits any of the following four (4) offenses:
- (1) when tackling or challenging an opponent to gain possession of the ball, makes contact with the opponent:
    - (a) before contact is made with the ball, or
    - (b) on any tackle or challenge made from outside peripheral vision (the rear 180 degrees) of the opponent, even if first contact is with the ball.

## SAY Playing Rule – Law XII-3

### **B. HEADING THE BALL RESTRICTIONS**

If a player in a Pre-School (U-6) through Strikers (U-12) game **deliberately** strikes the ball with any portion of their head, an indirect free kick (IFK) is to be awarded to the opposing team from the spot of the infraction. Such a deliberate act is considered the same as a dangerous play offense.

- (1) If a player does not deliberately play or attempt to play the ball, then no offense has occurred and play should continue.
- (2) A player shall **not** be cautioned nor sent-off for persistent infringement, as a result of a heading infraction.
- (3) A player shall **not** be cautioned nor sent-off for denying an obvious goal scoring opportunity, as a result of a heading infraction.

## SAY Playing Rule – Law XII-3

- 1) "Possession" by the goalkeeper is having control of the ball, even if only with one hand. One hand includes any part of the arm from the fingertips to the shoulder. Holding the ball with both hands, trapping the ball between one hand and any surface (e.g. the ground, a goalpost, the goalkeeper's body), or holding the ball in an outstretched open palm is considered to be in the goalkeeper's possession.

## **Player Heading Restrictions Policy**

*This policy is intended to provide minimum safety standards for SAY youth players with regard to the typical practice of heading a soccer ball. All officials, coaches and/or other persons supervising any SAY player activities (games, practices, training, etc.) must do so in compliance with the following heading restrictions.*

*The heading of a soccer ball in all SAY Striker Division (U12 and U11) and younger division games, practices and activities is strictly prohibited. Refer to Playing Rules, Law XII- 3 for the implementation of heading restrictions during games.*

*In the next older SAY division, i.e. the Kicker Division (U14 and U13), heading is not prohibited in games, but that its use in practices must be limited. It is recommended that heading in practices at these ages be limited to 30-minutes per week with no more than 15-20 headers per player, per week.*

*As with other SAY policies it is the responsibility of the SAY Areas and Districts to implement, oversee and monitor their officials and coaches with regard to their individual compliance with the directives of this policy.*